



# JANUARY 2025

**Event Types:**  
**Intellectual**  
**Physical**  
**Social**  
**Spiritual**

Classes with (\*) require reservations. Call us to sign up!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01 5:30 PM Country Cowboy Bible Study	02 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch	03 10 AM Mah Jong	04 9 AM Al Anon
	<b>SCC OFFICE CLOSED</b>				
06 9 AM Mindfulness Yoga 10:45 AM Chair Yoga	07 10 AM Balance & Core	08 10:30 AM Bunco Too! 1 PM Bunco	09 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch	10 10 AM Mah Jong	11 9 AM Al Anon
13 9 AM Mindfulness Yoga 10:45 AM Chair Yoga	14 10 AM Balance & Core	15 5:30 PM Country Cowboy Bible Study	16 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch	17 10 AM Mah Jong	18 9 AM Al Anon
20 9 AM Mindfulness Yoga 10:45 AM Chair Yoga	21 10 AM Balance & Core	22 10:30 AM Bunco Too!	23 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch	24 10 AM Mah Jong	25 9 AM Al Anon
27 9 AM Mindfulness Yoga 10:45 AM Chair Yoga	28 10 AM Balance & Core	29	30 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch	31 10 AM Mah Jong	01 9 AM Al Anon

**\*\*Classes are subject to change at any time; call to confirm.**

**All Yoga Classes- \$10 Suggested Donation**  
**Thursday Lunch \$5.00 Reserve your Meal by Tuesday @ 2pm**

11699 Merrell Rd.  
 Groveland, CA 95321  
**(209)962-7303**