



DECEMBER 2025

Event Types:
Intellectual
Physical
Social
Spiritual

Classes with (*) require reservations. Call us to sign up!

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 AM Chair Yoga	2 10 AM Balance & Core	3	4 10 AM Balance & Core 10:30 AM Needleworks+ 11:00 AM Nutrition Class 11:15 AM Senior Social Hour and Lunch 4:30 PM Wii Bowling	5 10 AM Mah Jong	6 9 AM Al Anon
8 10:30 AM Chair Yoga	9 10 AM Balance & Core	10 10:30 AM Bunco Too! 1 PM Bunco	11 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch 4:30 PM Wii Bowling	12 10 AM Mah Jong	13 9 AM Al Anon
15 10:30 AM Chair Yoga	16 10 AM Balance & Core	17	18 10 AM Balance & Core 10:30 AM Needleworks+ 11:15 AM Senior Social Hour and Lunch	19 10 AM Mah Jong	20 9 AM Al Anon
22 10:30 AM Chair Yoga	23				27 9 AM Al Anon
29 10:30 AM Chair Yoga	30 10 AM Balance & Core	31 			

11699 Merrell Rd.
 Groveland, CA 95321
 (209)962-7303

****Classes are subject to change at any time; call to confirm.**

All Yoga Classes- \$5 Suggested Donation
Thursday Lunch \$5 Reserve your Meal by Tuesday @ 2pm

The Little House is a program of



A local 501 (C) (3) Non-profit